



## Nights At the Beach, AKA “NAB’s”

NAB’s is a St. Andrew’s tradition where High school and Middle School youth can enjoy a fun and fellowship filled day at the beach with their friends. Youth can be dropped off at the Pier. We will always set up north of the pier, near the pavillion. You will need to sign up ahead of time to ensure enough hamburgers and hot dogs can be provided for you.

A covenant has been written in order that this activity will be enjoyable for all. In order to participate in the NAB’s for the summer, *you and your parent* must sign this covenant. It will be on file for the rest of the summer of 2007.

### COVENANT

This is a church sponsored event and everyone is requested to live up to the expectations of St. Andrew’s By-the-Sea UMC.

1. I agree that I will RSVP at least 24 hours in advance to ensure that a main dish can be provided for me, and I understand that if I do not, I will be responsible for my own food.
2. I agree to always use the “Buddy System” (**3 or more** persons when going out of sight of the adults in charge for the day), and I will sign IN and OUT whenever I leave the group and return to it, for any reason.
3. I will use words and behavior that show respect for others and myself at all times. For example: no put downs, swearing, or obscene gestures.
4. I realize that NAB is not a time to pick up hot girls/guys, and I will act with respect toward all members of the opposite sex and myself.
5. I realize that for inappropriate behavior there are consequences. The first time there is a problem, I will be warned and my parents will be notified. The second time there is a problem I will not be invited to the next NAB. The third time there is a problem; I will not be invited to the remainder of the NAB’s for the summer.
6. I agree not to bring or use any drugs, including alcohol while at a NAB. I understand that any use of drugs or alcohol or any physically violent behavior will automatically result in notification of parents, appropriate authorities and exclude me from ALL NAB’s.
7. As a parent, I agree to try and chaperone at least half of a NAB, as well as drop off and pick up my youth at the appropriate times.

**To Parents and All Youth:** I realize that NAB’s only take place if there are at least three chaperone to accompany the adult in charge in order to ensure adequate supervision. I understand that RSVP-ing is important and will do my best to make sure that we do so.

PARENTS SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

YOUTH SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

Emergency Contact & Number: \_\_\_\_\_

**St. Andrew’s By-the-Sea United Methodist Church – The Method 2007**